

# TEACHING PLAN

**Academic Session: 2025-26**  
**Department of Sanskrit**  
**Jagannath Barooah College, Jorhat**

**Name of the teacher-Dr. Swapna Borah**  
**Semester-EVEN (2<sup>nd</sup>, 4<sup>th</sup> & 6<sup>th</sup>)**

Semester	Paper/Unit	Course Content	Key aspects	Period/Hours	Method Of teaching	Teaching material
<b>II</b>	<b>SNSMJ-021 Section-A</b>	<b>Vedic Literature</b>	Samhita(Rk,Yajuh,Sama, Atharva), time, subject-matter, religion & philosophy, social life; Brief introduction of Brahmana,Aranyaka, Upanisad and Vedangas.	<b>20</b>	Translation, explanation, discussion, group activity and home assignment	Textbook, reference books and visual aid (Black board)
	<b>SNSMI-021 Section-A</b>	<b>Vedic Literature</b>		<b>20</b>		
	<b>SNSMU-021 Section-A</b>	<b>Confusion and conflict (based on Srimadbhagavad gita)</b>	Nature of conflict,(Gita,I.1,IV.16,I.45,II.6);Means of conflict resolution: importance of knowledge (Gita,II.52,IV.38,39;IV.42)	<b>10</b>	Translation, explanation, class interaction, assignment and group discussion	Textbook, reference books and visual aid (Black board)
	<b>SNSSK-021 Section-C</b>	<b>Understanding Asana,Pranayama and Dhyana</b>	Significance of Asana, Effects of Pranayama, Importance of Dhyana, Asana: the basics, Surya Namaskara, Nadisodhana pranayama)	<b>12</b>	Definition, explanation, demonstration, observation through practical classes & adjustments.	Textbook, Yoga mat and Yoga chart.

<b>IV</b>	<b>SNSMJ-041 Section-C</b>	<b>Mudraraksasam, Act-I</b>	Introduction, Author, Purpose and design behind Mudraraksasa Act-I, text reading, translation and explanation	<b>16</b>	Lecture, translation, explanation, interaction, assignment and seminar.	Textbook and reference book.
	<b>SNSMJ-043 Section-B</b>	<b>Gita: Controlling the mind</b>	Confusion and conflict: Nature of conflict I.1; IV. 16; I.45; II.6; Casual factors-Ignorance-II.42; Indriya-II.60, Mind-II.67; Rajoguna-III.36-39, XVI. 21; Weakness of mind-II.3; IV.5 Meditation-difficulties-VI.34-35; procedure VI.11-14; Balanced life-III.8; VI.16-17; Diet control-XVII.8-10; Physical and mental discipline-XVII.14-19,VI.36. Means of conflict resolution: Importance of knowledge-II.52;IV.38-39;IV.42; Clarity of buddhi-XVIII.30-32;Process of decision making-XVIII.63; Control over senses-II.59,64; Surrender of kartribhava-XVIII.13-16;V.8-9; Desirelessness-II.48;II.55; Putting others before self-III.25	<b>20</b>	Translation,explanation, interaction, home assignment and seminar	Textbook

	<b>SNSMJ-044 Section-A, Unit-I</b>	<b>Mahakavya and Charitakavya</b>	Svantantrasambhavam, Canto-II, Verse-1-45	<b>16</b>	Translation, explanation and discussion	Textbook
<b>IV</b>	<b>SNSMI-041 Section-B</b>	<b>Concept of Sanskrit poetry</b>	Origin and development of Sanskrit poetry, different types of Sanskrit poets: Some eminent Sanskrit poets: Asvaghosa, Kalidasa, Bharavi, Magha and Bhatti.	<b>12</b>	Reading, explaining, discussing and writing.	Textbook & Reference book
<b>VI</b>	<b>SNSC-601 Section-C</b>	<b>Epistemology</b>	Definition and types of Prama, Pratyaksa, Anumana, Upamana and Sabda	<b>24</b>	Explanation the theories, group discussion, assignment and seminar	Textbook
	<b>SNSC-602 Section-C</b>	<b>Essay</b>	Essay based on traditional subjects and modern subjects	<b>06</b>	Writing skill and group activity	Books
	<b>SNSD-601 Section-B Unit-II</b>	<b>Sanskrit Linguistics</b>	Sanskrit Morphology	<b>08</b>	Interpretations, discussion, seminar	Books and black board
	<b>SNSD-602 Section-A</b>	<b>Gitagovindam, canto-I</b>	Introduction- Author, subject Matter, Text Reading (translation, explanation), literary beauty of the Gitagovindam, as a lyrical poetry, place of Gitagovindam in Sanskrit lyrical poetry, bhakti elements in Gitagovindam.	<b>20</b>	Translation, explanation, discussion, assignment and seminar	Textbook
<b>I (ODD)</b>	<b>SNSMJ-011 Section-B</b>	<b>Canakyaniti (chapter-III &amp; VII)</b>	Canakyaniti: Chapter-III & VII (grammatical analysis, translation, explanation), thematic analysis, Canakya's comments on society.	<b>20</b>	Translation, explanation, discussion, assignment and black board	Textbook and black- board
	<b>SNSMU-011 Section-A</b>	<b>Confusion and conflict</b>	Nature of conflict, (Gita, I.1, IV.16, I.45, II.6); Means of conflict resolution: importance of knowledge (Gita, II.52, IV.38,39; IV.42)	<b>10</b>	Lecture, translation, interpretation and group discussion.	Textbook
	<b>SNSSK-011 Section-C</b>	<b>Understanding Asana, Pranayama</b>	Significance of Asana, effects of Pranayama, Importance of Dhyana, Asana: the basics, Surya Namaskara, Nadisodhana Pranayama.	<b>12</b>	Definition, explanation, demonstration, observation through practical classes & adjustments.	Textbook, Yoga mat and Yoga chart
<b>III (ODD)</b>	<b>SNSMJ-031 Section-D</b>	<b>History of Sanskrit poetry</b>	Origin and development of Sanskrit poetry, different types of Sanskrit poetry; some eminent scholars of Sanskrit poetry: Asvaghosa, Kalidasa, Bharavi, Magha, Bhatti, Sriharsa.	<b>20</b>	Lecture and discussion. Assignment and seminar	Books
	<b>SNSMJ-032 Section-C</b>	<b>History of Sanskrit prose literature</b>	Origin and development of Sanskrit prose, types of	<b>20</b>	Lecture and discussion. Assignment and	Books

			Sanskrit prose, important prose romances; some eminent scholars: Subandhu, Dandin, Bana, Dhanapala, Ambikadatta Vyasa.		seminar	
<b>III (ODD)</b>	<b>SNSMJ-033 Section-D</b>	<b>History of Sanskrit Grammar</b>	General introduction to Vyakarana-Brief History of Vyakaranasastra, schools of Panini Vyakarana: Astadhyayi, Mahabhasya, Vartika, Siddhantakaumudi and Ratnamalavyakarana.	<b>20</b>	Lecture, discussion and interaction	Books
	<b>SNSMI-031 Section-C</b>	<b>Phonetic changes (sandhi)</b>	Svara-sandhi, Vyanjana-sandhi and Visarga- sandhi	<b>20</b>	Teaching and black board work	Textbook black board work
	<b>SNSMU-031 Section-A</b>	<b>Confusion and conflict</b>	Nature of conflict, (Gita, I.1, IV.16, I.45, II.6); Means of conflict resolution: importance of knowledge (Gita, II.52, IV.38,39; IV.42)	<b>10</b>	Lecture, translation, interpretation and group discussion.	Textbook
	<b>SNSSK-031 Section-C</b>	<b>Understanding Asana, Pranayama</b>	Significance of Asana, effects of Pranayama, Importance of Dhyana, Asana: the basics, Surya Namaskara, Nadisodhana Pranayama.	<b>12</b>	Definition, explanation, demonstration, observation through practical classes & adjustments	Textbook, Yoga mat and Yoga chart
<b>V (ODD)</b>	<b>SNSMJ-051 Section-C</b>	<b>Study of selected Inscriptions, Unit-I&amp;II</b>	Asoka's Giranara Rock Edict-1, Asoka's Saranatha Pillar Edict Nidhanpur Copper Plate of Bhaskarvarma, Plate No. 01-02, verse.1-15. Tezpur Copperplate of Vanamaladevavarma	<b>25</b>	Translation, explanation, discussion, assignment and seminar	Textbook
	<b>SNSMJ-053 Section-C</b>	<b>State and Kingship, unit-I &amp; II</b>	Concept of welfare State in Arthasastra of Kautilya ( Arthasastra, 1.13: 'matsyanyayabhibhutah to 'yo'asmangopayatiti); Essential Qualities of King (Arthasastra, 6.1.16-18: 'Sampadayatyasampannah' to 'jayatyenahiyate'). Conduct of the State (Mahabharata, Santiparva,120.1-15; Manusmriti,7.1-15).	<b>25</b>	Translation, explanation, discussion, assignment and seminar	Textbooks
	<b>SNSMJ-054 Section-B</b>	<b>Drama: Vastu (subject matter), unit-I</b>	Definition of drama, Abhinaya and its types: angika (gestures), vacika (oral), aharya (dresses and make up) and sattvika (representation of the sattva) Nature of plot (vastu): Adhikarika	<b>15</b>	Translation, explanation, discussion, assignment	Textbook

			(principal),Prasangika (subsidiary), Drisya (presentable), sucya (restricted scenes). Source of plot: Prakhyata (legendary), Utpadya (invented), Misra (mixed) Elements of plot: Five kinds of Arthaprakriti (causations), karyavastha (stages of actor), sandhi (junctures) and their subdivisions (segments).			
<b>V (ODD)</b>	<b>SNSMI-051 Section-D</b>	<b>Prominent thinkers of Indian poetics.</b>	Prominent thinkers of Indian Poetics: Bharata, Bhamaha, Vamana, Dandi, Anandavardhana, Abhinavagupta, Kuntaka, Vishvanatha and Jagannatha	<b>10</b>	Reading, discussion and writing.	Books